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Pella, IA 50219
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Welcome to Heartland Christian Counseling Psychological Consultation Services. This packet of information contains everything you need for the diagnostic assessment you have requested. We thank you for this opportunity to serve you! We promise a high quality, professional, and comprehensive assessment with results and recommendations that will be helpful and useable.

What to Do Before the 1st appointment:

1. Sign and submit the Testing Contract online (link will be sent to your email)
2. Use the Insurance Worksheet for Psychological Testing to check your insurance benefits, and submit the worksheet online or drop it off in our office (link will be sent to your email, or can be found on our website)
3. Complete the New Patient Paperwork

What to Bring to the 1st appointment:

1. Completed New Patient Paperwork (unless submitted online)
2. Insurance card
3. Payment (cash, card, or check)
4. Glasses/contacts/hearing aids
5. Optional: Someone who knows you well (parent, sibling, spouse, best friend, etc). It is a recommendation if you feel someone close to you could provide helpful additional insight and information.

What to Expect at the 1st Appointment:

You can expect to be at the clinic for 90 minutes. This time will include:

- Interview
- Interview with any accompanying individuals (if applicable)
- Discussion to determine what tests may be most beneficial for you.

What to Expect at the 2nd Appointment:

If you are on ADHD medication (Adderall, Ritalin, or Concerta), you must be off the medication for 24 hours prior to the testing. You can expect to be at the clinic for approximately 3 hours. This time will include:

- A battery of appropriate tests, typically including an intelligence test, a simple sustained attention test, a test of executive functioning, and multiple personality assessments. This will vary.
- Scheduling a feedback appointment for your testing results.

What to Expect at the 3rd (Feedback) Appointment:

You can expect to be at the Clinic for approximately 1 hour, during which you will meet with the psychologist to review results, receive recommendations, and answer your questions.

What to Expect After the 3rd Appointment:

- A written report will be mailed to you within four weeks of the 3rd appointment.
- With properly signed releases of information, a written report can be released to your primary care doctor, school, and/or other professionals involved in your care within four weeks of the 3rd appointment.

You were contacted and confirmed your intent to keep this appointment. If you must cancel or change your appointment for any reason, we request a 48-hour notice.

Call 641-628-9599 to cancel/change appointments.